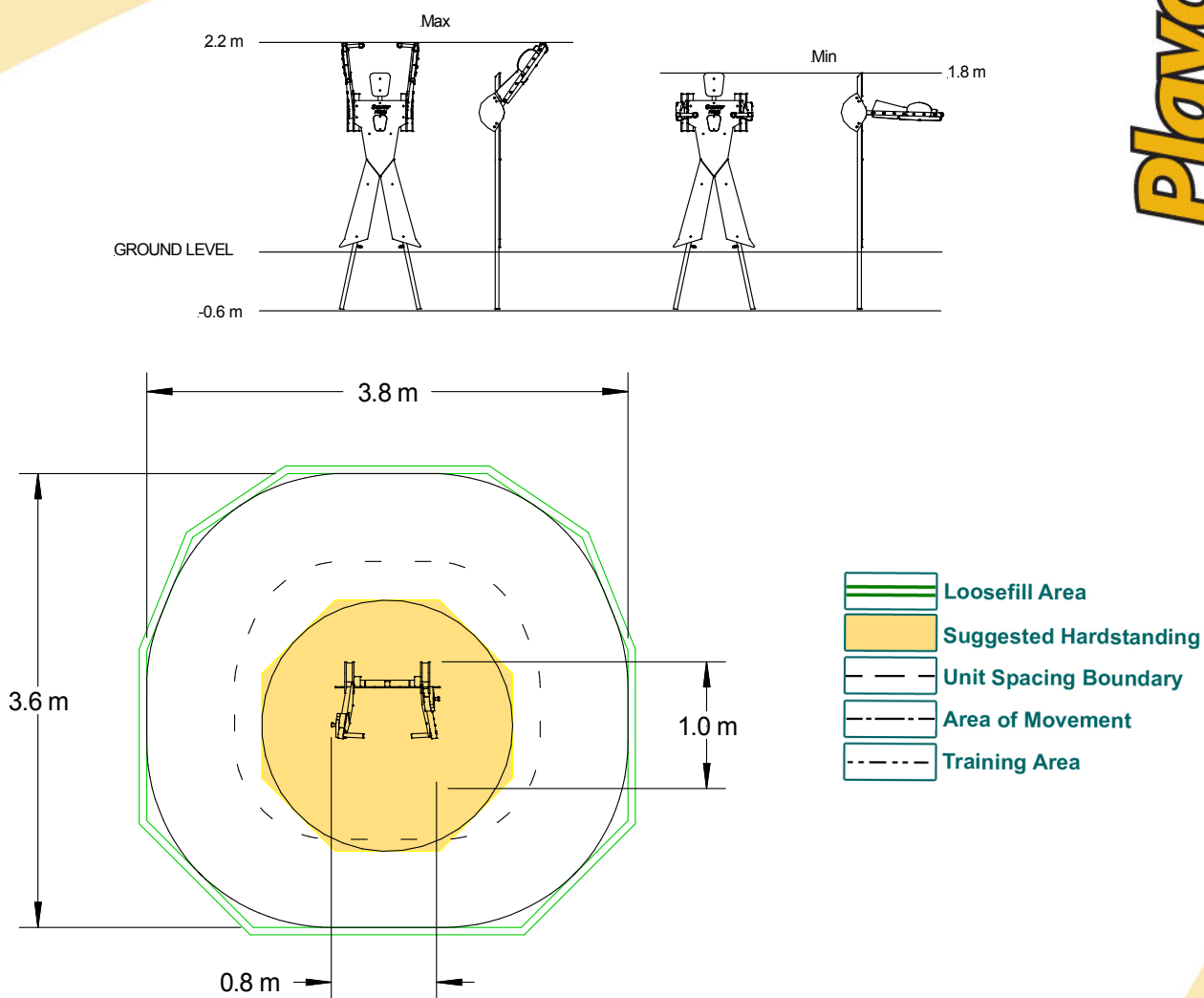


# Training Buddies – Shoulder Press



## Technical Information

### Equipment Dimensions

Length / Width / Height **1.0m x 0.8m x 2.2m**

### Surfacing and Area Required

Minimum Space Required L/W/H **3.9m x 3.6m x 4.5m**

Max. Gradient Of Ground **1in30**

Free Height Of Fall **n/a**

Suggested Hardstanding **3.31m<sup>2</sup>**

Loosefill at 150mm **2m<sup>3</sup>**

Bark / Cushionfall / Sand

Grasslok **9m<sup>2</sup>**

### Installation Information

Overall Weight **67kg**

Heaviest Part **67kg**

Largest Part **0.9m x 0.6m x 2.5m**

Concrete Required **0.16m<sup>3</sup>**

Suitable for users aged + 14yrs old, measuring at least 1.40m in height.